

# A View from Within

1<sup>st</sup> June – 12<sup>th</sup> June 2022

## Art Space on The Concourse

This exhibition will feature the creative explorations by Creative Arts Therapists reflecting on their lived experience, their professional journey, and their dual identity of arts therapist and artist, whilst navigating the climate of uncertainty over the last few years. Our primary aim is to promote creative arts therapy to a wider audience by highlighting the artistic identity of arts therapists. These artists hope to provide the audience with a felt sense of the therapeutic process from the art therapist's perspective. Arts therapy invites people to explore thoughts, feelings and experiences through art making when words are not enough. It has been a goal of the Sydney Arts Therapists Group (SaAT) to advocate for the accessibility of arts therapy as a mental health support.

1.  
Jenny HAYMAN  
***You and Me...Together by the Sea 2022***  
Two vessels, glazed stoneware  
35x12cm  
\$95 each
2.  
Jasmine STEVEN  
***'I'm fine' 2022***  
Ink on watercolour paper  
\$1100
3.  
Jo SULLIVAN  
***Nest Suspended 2020***  
Mixed media and text  
2 pieces  
Enquires to artist
4.  
Annette COULTER  
***Out of Lockdown***  
Alcohol ink on board  
51x51cm  
\$450
5.  
Penelope JAMES  
***My COVID Epiphany 2022***  
Mixed media  
60x75cm  
Enquires to artist
6.  
Helena BEZZINA  
***Zoom Gardens 2021***  
3 sets, Charcoal, watercolour on paper  
94x190  
\$500 each
7.  
Kathleen CHEW  
***Over shadows 2022***  
Acrylic on board  
***40x30cm***  
\$150
8.  
Emma FITZGERALD  
***Waves of Time 2022***  
Acrylic on canvas  
60x92cm  
\$700
9.  
Emma FITZGERALD  
***Grounding yourself in uncertainty 2022***  
Acrylic on canvas  
60x92cm  
\$700
10.  
Emma FITZGERALD  
***Consuming, healing, liberating...that's what you are 2022***  
Mixed media, acrylic on canvas  
60x92cm. \$700

11.  
Kathleen CHEW  
***Suspension 2022***  
Acrylic on board  
40x30cm  
\$150
12.  
Anne-Maree Armstrong  
***View points: self portrait of inner states 2022***  
Ink, charcoal on canvas  
1140x1120cm  
NFS
13.  
Annette COULTER  
***Meditation***  
Acrylic, pen, and ink on board  
75x95cm  
\$750
14.  
Liz FITZGERALD  
***Emergence (y)***, 3 images, 2022  
Ink & mixed media on canvas  
15x20cm each.  
Enquires to artist
15.  
Martin ROBERTS  
***Identity 2022***  
Ink on watercolour paper  
77x101cm  
Enquires to artist
16.  
Asoka WHITWELL  
***Common Threads 2022***  
*Mixed media*  
31.5x31.5cm  
\$350
17.  
Lea DUNSTONE  
***Between shimmering ghosts and blue stars, the darkness alters***  
Acrylic and paper on canvas  
Enquires to artist
18.  
Lea DUNSTONE  
***Anxiety meets Depression***  
Acrylic, watercolour, and paper on canvas  
Enquires to artist
19.  
Annette COULTER  
***Pand Emic (diptych) 2021***  
Alcohol ink on board  
20.3x20.5 each  
\$700 (or \$350 each)
20.  
Abigail RISTEVSKI  
***Stillness 2022***  
Textile: silk, ashes & scorched leaves from 2019-20 bushfires, invisible thread, pastel.  
2 panels 138x44cm each.  
Enquires to artist
21.  
Anna BARTEN  
***Letting go 2020***  
Freehand digital render  
19x23inches  
\$225
22.  
Sally SWAIN  
***There, there sweetheart 2015 and 2022***  
***54x40cm***  
Acrylic, gouache, collage, fabric, haberdashery  
\$690 (10% sales to charity of your choice)
23.  
Sally SWAIN  
***Lizarding (giving love to the ancient, bright reptilian brain..) 2016 & 2022***  
Mixed media, haberdashery  
40x50cm  
\$490 (10% sales to charity of your choice)
24.  
Sally SWAIN  
***TreeSource Yourself (tree bewitching fuzzy stitching...) 2018, 2022***  
Acrylic, crayon, collage, fabric, haberdashery  
42x50cm \$590 (10% sales to charity of your choice)
25.  
Anne-Maree Armstrong  
***Impressions: the presence of absence 2019-20***  
Acrylic, bisque fired clay, bamboo thread on canvas  
125x 125cm  
\$1,500

26.

Abigail RISTEVSKI

***The Ocean Between Us 2022***

Textile: silk, cotton, linen, metallic threads, porcelain pieces, glazed/ tea stained.

3 panels 120x30, 120x52cm, 120x30cm

Enquires to artist

27.

Anne-Maree Armstrong

***Tree of Life, 2021***

Bisque fired clay, acrylic.

43x38x15cm

\$500

28.

Jasmine STEVEN

***With moments like these 2022***

Mohair & acrylic wool

15x15cm

NFS

29.

Jacqueline OLIVETTI

***Untitled (Closed)***

Embroidery on silk

15.5X16.5cm

\$100

30.

Sandy COOPER

***Fungirl 2022***

45x30x45cm

Air dry clay, acrylic paint, repurposed paper, tape.

\$370

31.

Kathryn CABRERA RICHARDS

***Still Hearing 2022***

Coloured pens, ink on paper

Enquires to artist

*Willoughby City Council is gratefully acknowledged for the provision of Art Space on The Concourse.*

